

Aspley Group Timetable: July - September 2024

All sessions are FREE for families in Aspley, Bells Lane and Broxtowe

MONDAYS

Baby Massage (4 week course)

1.45pm-2.45pm
8th, 15th, 22nd, & 29th July
Broxtowe Children's Centre

TUESDAYS

A Taste of Around the World (Free Lunch and Play)



A different world food theme each week

11.30am-1pm
6th, 13th 20th & 27th August
Aspley Community Training Centre



SATURDAY SPECIAL EVENTS

@ Aspley Community Training Centre

- **Messy Play**
20th July 10-11.30am
- **Play with Senses**
17th August 1-2.30pm
- **Painting Play**
21st September 10-11.30am
Painting plant pots and mugs etc. to take home



WEDNESDAYS

NEW Story & Rhyme Time

- 9.45-10.15am Babies Only
- 10.30-11.15am Toddlers (plus baby siblings)

Every Wednesday July-Sep
Strelley Library

Special **police visit** to our session on **7th August 11am-12pm** - featuring police car, mini dress up, 'How the police can help us' talk, mini bleep test and information for parents.



FRIDAYS

Baby Massage (4 week course)

10.30am-11.30am
6th, 13th, 20th & 27th Sept
Broxtowe Children's Centre



All sessions must be pre-booked, apart from Story & Rhyme Time:
Call the Aspley Family Mentors to book:

07881 374680

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Aspley Group Venues

Aspley Community Training Centre

Minver Crescent
Nottingham
NG8 5PN

Bells Lane Community Centre

Amesbury Circus
Cinderhill
NG8 6DD

The Hope Centre

St Martha's Church
Frinton Road
Broxtowe
NG8 6GR

Strelley Library

Strelley Road
NG8 3BJ

Small Steps Big Changes - giving every child the best start in life

