



Free community groups for children up to their fourth birthday

## Hyson Green and Arboretum Group Timetable - May to July 2021

All sessions are FREE! Please pre-book your place!

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
<b>Story &amp; Rhyme Time</b> <b>10am-11am</b> The Vine Hall, NG3 2GL To book: <a href="https://fwsrt.eventbrite.co.uk">https://fwsrt.eventbrite.co.uk</a>	<b>FRED</b> <b>6pm-6.40pm</b> Zoom session Starting end of June for all SSBC wards To book: <a href="https://fred.eventbrite.co.uk">https://fred.eventbrite.co.uk</a>	<b>Cook and Play</b> <b>11am-12.30pm</b> Hyson Green Community Centre, NG7 6BE To book: <a href="https://fwnpharb.eventbrite.co.uk">https://fwnpharb.eventbrite.co.uk</a>	<b>Baby Massage*</b> <b>1pm-2pm</b> Zoom session Five week course To book: <a href="https://fwbm.eventbrite.co.uk">https://fwbm.eventbrite.co.uk</a>	<b>Jiggle &amp; Wiggle</b> <b>1pm-2pm</b> Coming soon To book: <a href="https://fwharbjw.eventbrite.co.uk">https://fwharbjw.eventbrite.co.uk</a>
SATURDAYS				
We have a rolling rota of 4 activities each month - all held at Hyson Green Youth Centre, NG7 6ER				
1st Saturday of the month	2nd Saturday of the month	3rd Saturday of the month	4th Saturday of the month	<b>Triple P</b> (Positive Parenting Programme) call <b>07790 944878</b> for more information and to book your place.
<b>Story &amp; Rhyme Time</b> <b>1pm-2pm</b> Coming soon	<b>Messy Makers</b> <b>1pm-2pm</b> Coming soon	<b>Jiggle &amp; Wiggle</b> <b>1pm-2pm</b> Coming soon	<b>Chatterbox Stay and Play</b> <b>1pm-2pm</b> Coming soon	
To book any Saturday groups: <a href="https://fwspharb.eventbrite.co.uk">https://fwspharb.eventbrite.co.uk</a>				

All face-to-face sessions will follow Government guidance for social distancing and cleaning.

\* Baby Massage sessions are reserved for families with a baby under 26 weeks old.

